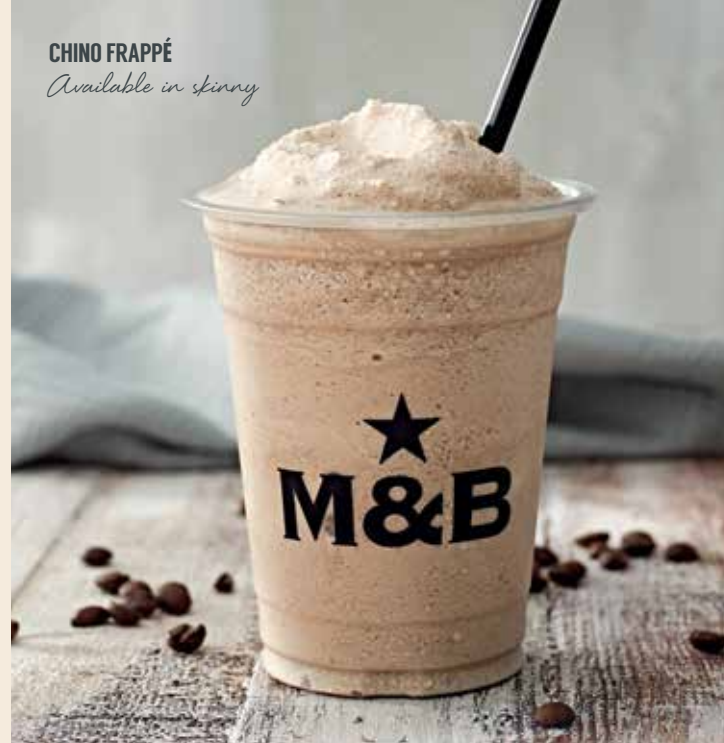




BANANA, CARAMEL,  
ESPRESSO CRUNCH  
POWER SMOOTHIE

GREEN APPLE  
& CHIA SEEDS  
POWER SMOOTHIE



CHINO FRAPPÉ  
*Available in skinny*

## OUR FAMOUS COFFEE

Extra shot of Espresso	+5.90		
	<b>SHORT</b>	<b>EASY</b>	<b>SERIOUS</b>
Filter Coffee	17.90	+3	+6
Cappuccino	23.90	+3	+6
Caffè Latte	23.90	+3	+6
Americano	19.90	+3	+6
Single Espresso	18.90		
Doppio Espresso	22.90		

## CHOCOLATE SPECIALITIES

	<b>SHORT</b>	<b>EASY</b>	<b>SERIOUS</b>
Classic or White Hot Chocolate	25.90	+3	+6
Caffè Mocha	25.90	+3	+6
Caribbean Mocha	29.90		

## STEAMING TEA SELECTION

	<b>SHORT</b>	<b>EASY</b>	<b>SERIOUS</b>
Tea (Ceylon, Rooibos, Green Tea)	15.90	+2	+4
Classic Chai	26.90	+3	+6
Red Cappuccino®	23.90	+3	+6
Red Latte®	23.90	+3	+6
Matcha Green Tea Latte	28.90	+5	+10



BARISTA-CRAFTED COFFEES



# MUGG & BEAN

ON THE ★ MOVE

## POWER SMOOTHIES

with FUTURELIFE® HIGH PROTEIN Smart Food™

Green Apple & Chia Seeds	39.90
Peanut Butter & Banana Blitz	35.90
Banana, Caramel, Espresso Crunch with FUTURELIFE® CRUNCH Smart Food™	39.90

## ICED-FREEZOS

Mango & Coconut	36.90
Berry Apple Duo	36.90
Mango Berry Duo	36.90
Mixed Berry, Coconut & Lemon	36.90
Matcha, Fresh Mint & Apple	45.90

## MUGGACHINOS

	ORIGINAL	SKINNY <i>No sugar added</i>
Chino Frappé	36.90	42.90
Chocolate Frappé	36.90	42.90
Mocha Frappé	36.90	



MIXED BERRY,  
COCONUT &  
LEMON FREEZO



RED CAPPUCCINO®  
& TOASTED CHEESE  
SANDWICH



Not all menu items will be available at all times, however all menu items can be made to order. Please request this when ordering but please expect a slight delay and subject to stock availability. Bottomless Coffee not available at Mugg & Bean On-The-Move. Extra shot of Espresso only available as an addition and not sold separately. Prices quoted in rands & include VAT. While stocks last.

**SPILL THE BEANS: 0860 672326**

www.muggandbean.co.za



FRESHLY MADE DAILY





BBQ BEEF, BACK BACON & DANISH-STYLE FETA SNACK POT

CHIPOTLE CHICKEN & BULGUR WHEAT SNACK POT

CHICKPEA GREEK SNACK POT *Vegetarian*

- M&B BOXES**
- Protein Box 54.90
  - Fruit Box 56.90
  - Salad Box 48.90

- FRESH BREAKFAST POTS**
- Fruit Pot with FUTURELIFE® CRUNCH Smart Food™ 49.90
  - Berry Blaze Pot 38.90
  - Honey & Nut Pot 46.90

- CROISSANTS**
- Butter Croissant 19.90
  - Pain Au Chocolate 23.90
  - All Day Breakfast, egg mayo, back bacon 44.90
  - Hickory Ham, Mozzarella & Basil Pesto 48.90
  - Sriracha Chicken Mayo *Spicy* 44.90



HICKORY HAM, MOZZARELLA, CHEDDAR & BASIL PESTO BAGUETTE

- SNACK POTS**
- BBQ Beef, Back Bacon & Danish-style Feta 39.90
  - Chickpea Greek *Vegetarian* 31.90
  - Honey-Chipotle Chicken & Bulgur Wheat 27.90

- POT PIES** (ONLY AVAILABLE IN SELECTED OUTLETS)
- Chicken & Mushroom 31.90
  - North African Chicken & Sweet Potato 34.90
  - Chicken Trinchado 29.90

- QUICHES**
- Chicken & Mushroom 24.90
  - Quiche Lorraine 29.90
  - Spinach & Danish-style Feta *Vegetarian* 24.90

- HEALTH SANDWICHES**
- Chicken Mayo 45.90
  - Roast Beef & Honey Mustard 54.90
  - Caprese *Vegetarian* 39.90

- COLD WRAPS**
- Breakfast Wrap, egg mayo & back bacon 40.90
  - Chicken Sweet Chilli 39.90
  - Chicken Mayo 39.90
  - BLT & Smoky Mayo 50.90

- BAGUETTES**
- Chicken Mayo & Cheddar 46.90
  - Mozzarella, Cheddar, Tomato & Basil Pesto *Vegetarian* 32.90
  - Hickory Ham, Mozzarella, Cheddar & Basil Pesto Mayo 42.90



M&B GIANT CHOC CHIP COOKIE



M&B FAMOUS GIANT MUFFIN



CHICKEN MAYO TOASTED SANDWICH

- TOASTED SANDWICHES**
- Cheddar 26.90
  - Cheddar & Tomato 31.90
  - Hickory Ham, Cheddar & Tomato 44.90
  - Back Bacon & Cheddar 44.90
  - Back Bacon, Cheddar & Tomato 46.90
  - Chicken Mayo 44.90
  - Chicken Mayo & Mozzarella 50.90
  - Chicken Mayo & Basil Pesto 53.90
  - Crispy Back Bacon, Cranberry & Brie Club 52.90
  - Club 55.90

- FRESHLY BAKED**
- Shortbread 5.90
  - White Chocolate & Cranberry Cookies 9.90
  - Choc Chip Cookies 9.90
  - Triple Chocolate Brownie 23.90
  - Lemon Meringue Mini Cake 32.90
  - Rich Chocolate Mini Cake 36.90
  - Carrot Mini Cake 32.90
  - Nutella® Swirl 13.90