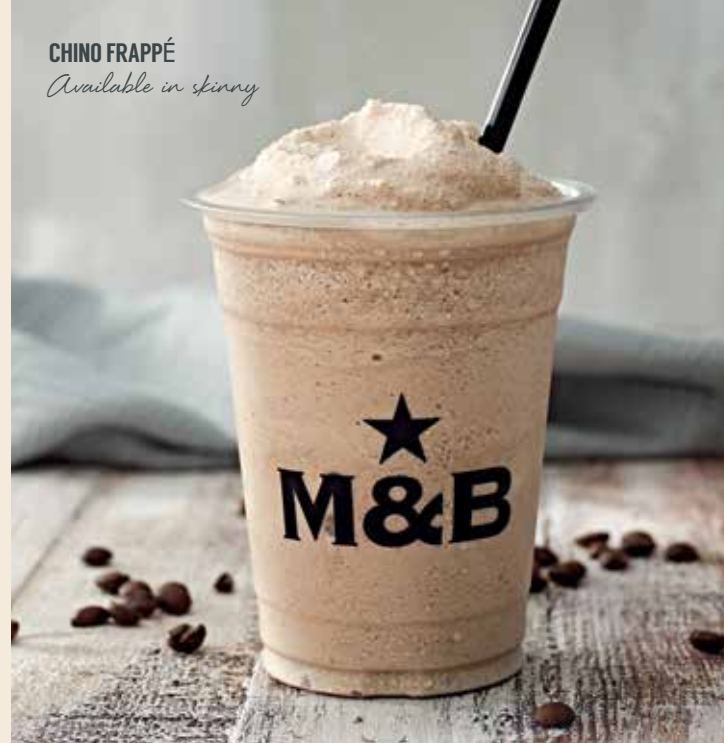




BANANA, CARAMEL, ESPRESSO CRUNCH POWER SMOOTHIE

GREEN APPLE & CHIA SEEDS POWER SMOOTHIE



CHINO FRAPPÉ
Available in skinny

OUR FAMOUS COFFEE

Extra shot of Espresso	+5.90		
		SHORT	EASY SERIOUS
Filter Coffee	17.90		+3 +6
Cappuccino	23.90		+3 +6
Caffè Latte	23.90		+3 +6
Americano	19.90		+3 +6
Single Espresso	18.90		
Doppio Espresso	22.90		

CHOCOLATE SPECIALITIES

		SHORT	EASY SERIOUS
Classic or White Hot Chocolate	25.90		+3 +6
Caffè Mocha	25.90		+3 +6
Caribbean Mocha			29.90

STEAMING TEA SELECTION

		SHORT	EASY SERIOUS
Tea (Ceylon, Rooibos, Green Tea)	15.90		+2 +4
Classic Chai	26.90		+3 +6
Red Cappuccino®	23.90		+3 +6
Red Latte®	23.90		+3 +6
Matcha Green Tea Latte	28.90		+5 +10



BARISTA-CRAFTED COFFEES



MUGG & BEAN

— ON THE ★ MOVE

POWER SMOOTHIES

with FUTURELIFE® HIGH PROTEIN Smart Food™

Green Apple & Chia Seeds	39.90
Peanut Butter & Banana Blitz	35.90
Banana, Caramel, Espresso Crunch	39.90

ICED-FREEZOS

Mango & Coconut	36.90
Berry Apple Duo	36.90
Mango Berry Duo	36.90
Mixed Berry, Coconut & Lemon	36.90
Matcha, Fresh Mint & Apple	45.90

MUGGACHINOS

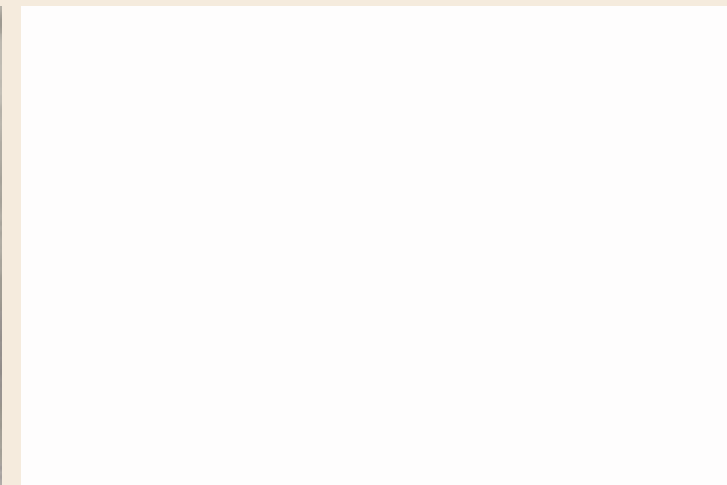
	ORIGINAL	SKINNY <i>No sugar added</i>
Chino Frappé	36.90	42.90
Chocolate Frappé	36.90	42.90
Mocha Frappé	36.90	



MIXED BERRY, COCONUT & LEMON FREEZO




RED CAPPUCCINO® & TOASTED CHEESE SANDWICH



Not all menu items will be available at all times, however all menu items can be made to order. Please request this when ordering but please expect a slight delay and subject to stock availability. Bottomless Coffee not available at Mugg & Bean On-The-Move. Extra shot of Espresso only available as an addition and not sold separately. Prices quoted in rands & include VAT. While stocks last.

SPILL THE BEANS: 0860 672326

www.muggandbean.co.za   



FRESHLY MADE DAILY



BBQ BEEF, BEEF MACON & DANISH-STYLE FETA SNACK POT

CHIPOTLE CHICKEN & BULGUR WHEAT SNACK POT

CHICKPEA GREEK SNACK POT *Vegetarian*

M&B BOXES

Protein Box	54.90
Fruit Box	56.90
Salad Box	48.90

FRESH BREAKFAST POTS

Fruit Pot with FUTURELIFE® CRUNCH Smart Food™	49.90
Berry Blaze Pot	38.90
Honey & Nut Pot	46.90

CROISSANTS

Butter Croissant	19.90
Pain Au Chocolate	23.90
All Day Breakfast, egg mayo, beef macon	44.90
Sriracha Chicken Mayo <i>Spicy</i>	44.90



SALAD BOX

FRUIT BOX

PROTEIN BOX

SNACK POTS

BBQ Beef, Beef Macon & Danish-style Feta	39.90
Chickpea Greek <i>Vegetarian</i>	31.90
Honey-Chipotle Chicken & Bulgur Wheat	27.90

POT PIES (ONLY AVAILABLE IN SELECTED OUTLETS)

Chicken & Mushroom	31.90
North African Chicken & Sweet Potato	34.90
Chicken Trinchado	29.90

QUICHES

Chicken & Mushroom	24.90
Quiche Lorraine	29.90
Spinach & Danish-style Feta <i>Vegetarian</i>	24.90

HEALTH SANDWICHES

Chicken Mayo	45.90
Roast Beef & Honey Mustard	54.90
Caprese <i>Vegetarian</i>	39.90

COLD WRAPS

Breakfast Wrap, egg mayo & beef macon	40.90
Chicken Sweet Chilli	39.90
Chicken Mayo	39.90
MLT & Smoky Mayo	50.90

BAGUETTES

Chicken Mayo & Cheddar	46.90
Mozzarella, Cheddar, Tomato & Basil Pesto <i>Vegetarian</i>	32.90



M&B GIANT CHOC CHIP COOKIE



CHICKEN MAYO TOASTED SANDWICH

TOASTED SANDWICHES

Cheddar	26.90
Cheddar & Tomato	31.90
Beef Macon & Cheddar	44.90
Beef Macon, Cheddar & Tomato	46.90
Chicken Mayo	44.90
Chicken Mayo & Mozzarella	50.90
Chicken Mayo & Basil Pesto	53.90
Crispy Beef Macon, Cranberry & Brie Club	52.90
	55.90

FRESHLY BAKED

Shortbread	5.90
White Chocolate & Cranberry Cookies	9.90
Choc Chip Cookies	9.90
Triple Chocolate Brownie	23.90
Lemon Meringue Mini Cake	32.90
Rich Chocolate Mini Cake	36.90
Carrot Mini Cake	32.90
Nutella® Swirl	13.90



M&B FAMOUS GIANT MUFFIN