



BANANA, CARAMEL, ESPRESSO CRUNCH POWER SMOOTHIE

GREEN APPLE & CHIA SEEDS POWER SMOOTHIE

POWER SMOOTHIES

with FUTURELIFE® HIGH PROTEIN Smartfood™

- Green Apple & Chia Seeds** 35.90
- Peanut Butter & Banana Blitz** 33.90
- Banana, Caramel, Espresso Crunch** 33.90
with FUTURELIFE® CRUNCH Smartfood™

ICED-FREEZOS

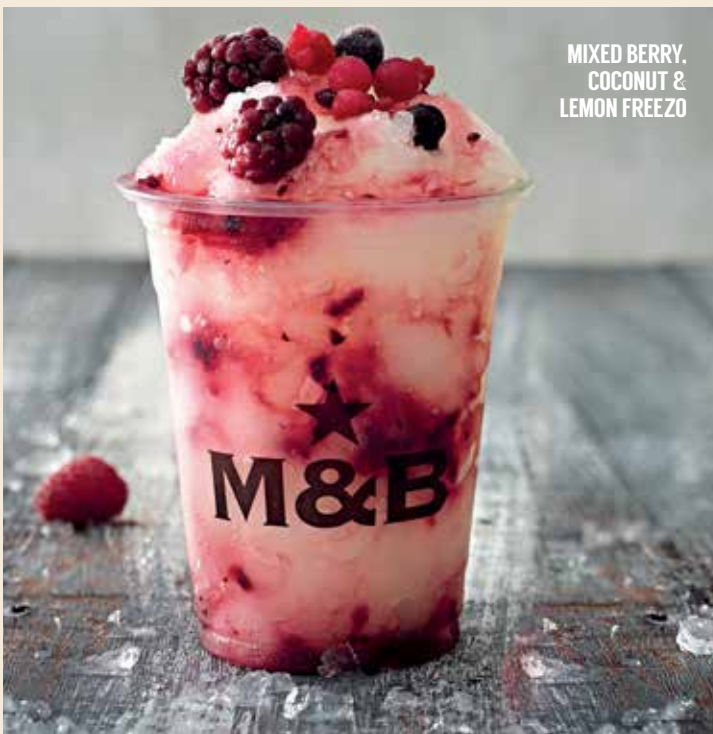
- N Mango & Coconut** 34.90
- Berry Apple Duo** 34.90
- Mango Berry Duo** 34.90
- Mixed Berry, Coconut & Lemon** 34.90
- Matcha, Fresh Mint & Apple** 43.90

MUGGACHINOS

	ORIGINAL	SKINNY <i>★ No sugar added ★</i>
Chino Frappé	34.90	39.90
Chocolate Frappé	34.90	39.90
Mocha Frappé	34.90	



CHINO FRAPPÉ
Available in skinny



MIXED BERRY, COCONUT & LEMON FREEZO

OUR FAMOUS COFFEE

	SHORT	EASY	SERIOUS
Filter Coffee	17.90	+3	+6
Cappuccino	23.90	+3	+6
Caffè Latte	23.90	+3	+6
Americano	21.90	+3	+6
Single Espresso	17.90		
Doppio Espresso	21.90		
Bottomless Filter Coffee (Sit-down only)	23.90		
Extra shot of Espresso	5.90		

CHOCOLATE SPECIALITIES

	SHORT	EASY	SERIOUS
Classic or White Hot Chocolate	24.90	+3	+6
Caffè Mocha	24.90	+3	+6
Caribbean Mocha		28.90	

STEAMING TEA SELECTION

	SHORT	EASY	SERIOUS
Tea (Ceylon, Rooibos, Green Tea)	15.90	+2	+4
Classic Chai	24.90	+3	+6
Red Cappuccino™	21.90	+3	+6
Red Latte™	21.90	+3	+6
Matcha Green Tea Latte	26.90	+5	+10
Matcha Cappuccino	26.90	+5	+10



RED CAPPUCCINO & TOASTED CHEESE SANDWICH



BARISTA-CRAFTED COFFEES

BOTTOMLESS FILTER COFFEE

**Crescent Umhlanga
Shop 139
The Crescent Shopping Cntr
Umhlanga
KwaZulu-Natal
031 536 8082**

Not all menu items will be available at all times, however all menu items can be made to order. Please request this when ordering but please expect a slight delay and subject to stock availability. Bottomless Coffee not available at Mugg & Bean On-The-Move. Extra Espresso only available as an addition and not sold separately. Prices quoted in rands & include VAT. While stocks last.

SPILL THE BEANS: ROB 083 583 2389

www.muggandbean.co.za



MUGG & BEAN

ON THE ★ MOVE

FRESHLY MADE DAILY



M&B BOXES

- N** Protein Box 52.90
- N** Fruit Box 54.90
- N** Salad Box 46.90

FRESH BREAKFAST POTS

- Fruit Pot with FUTURELIFE® CRUNCH Smartfood™ 48.90
- Berry Blaze Pot 36.90
- Honey & Nut Pot 44.90

CROISSANTS

- Butter Croissant 18.90
- Pain Au Chocolate 22.90
- All Day Breakfast, egg mayo, back bacon. 42.90
- Hickory Ham, Mozzarella & Basil Pesto 47.90
- Sriracha Chicken Mayo *★Spicy★* 43.90



SNACK POTS

- BBQ Beef, Back Bacon & Danish-style Feta 37.90
- Chickpea Greek *★Vegetarian★* 29.90
- Honey-Chipotle Chicken & Bulgur Wheat 25.90

POT PIES (ONLY AVAILABLE IN SELECTED OUTLETS)

- Chicken & Mushroom 29.90
- Savoury Mince 29.90
- North African Chicken & Sweet Potato 32.90
- N** Chicken Trinchado 29.90

QUICHES

- Chicken, Back Bacon, Danish-style Feta & Peppadew™ 39.90
- Chicken & Mushroom 24.90
- Quiche Lorraine 29.90
- Spinach & Danish-style Feta *★Vegetarian★* 24.90

HEALTH SANDWICHES

- Chicken Mayo 43.90
- Roast Beef & Honey Mustard 49.90
- Caprese 39.90

COLD WRAPS

- N** Breakfast Wrap, egg mayo & back bacon. 39.90
- Chicken Sweet Chilli 48.90
- Chicken Mayo 38.90
- BLT & Smoky Mayo 49.90

BAGUETTES

- Chicken Mayo & Cheddar 43.90
- Mozzarella, Cheddar, Tomato & Basil Pesto 26.90
- Hickory Ham, Mozzarella, Cheddar & Basil Pesto Mayo 39.90



TOASTED SANDWICHES

- Cheddar 25.90
- Cheddar & Tomato 30.90
- Hickory Ham, Cheddar & Tomato 43.90
- Back Bacon & Cheddar 43.90
- Back Bacon, Cheddar & Tomato 45.90
- Chicken Mayo 43.90
- N** Chicken Mayo & Mozzarella 49.90
- N** Chicken Mayo & Basil Pesto 52.90
- Crispy Back Bacon, Cranberry & Brie 51.90
- Sun-dried Tomato Pesto, Mozzarella & Baby Spinach *★Vegetarian★* 41.90
- Club 54.90

FRESHLY BAKED

- Triple Chocolate Brownie 22.90
- Shortbread 5.90
- White Chocolate & Cranberry Cookies 9.90
- Choc Chip Cookies 9.90
- Lemon Meringue Mini Cake 29.90
- Rich Chocolate Mini Cake 34.90
- Carrot Mini Cake 29.90
- nutella® Swirl 12.90